MENTAL HEALTH HOTLINE & CRISES NUMBERS

Courtesy of Mental Illness Research Association (MIRA)
860 W. Long Lake, Suite 300
Bloomfield Hills, MI 48302
P: 248.644.6550, F: 248.644.5405

<table>
<thead>
<tr>
<th>COMMON GROUND SANCTUARY</th>
<th>CRISIS</th>
<th>(800) 231-1127</th>
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<tbody>
<tr>
<td>OAKLAND COUNTY CMH</td>
<td>ACCESS</td>
<td>(800) 341-2003</td>
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<td>CRISIS</td>
<td>(800) 231-1127</td>
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<tr>
<td>MACOMB COUNTY CMH</td>
<td>ACCESS</td>
<td>(586) 948-0222</td>
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<td></td>
<td>CRISIS</td>
<td>(800) 273-TALK</td>
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<td>WAYNE COUNTY CMH</td>
<td>ACCESS</td>
<td>(313) 833-2500</td>
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<td></td>
<td>CRISIS</td>
<td>(800) 241-4949</td>
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<td>WASHTENAW COUNTY CMH</td>
<td>ACCESS</td>
<td>(800) 440-7548</td>
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<td>CRISIS</td>
<td>(800) 440-7548</td>
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<tr>
<td>LIVINGSTON COUNTY CMH</td>
<td>ACCESS</td>
<td>(800) 615-1245</td>
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<td>CRISIS</td>
<td>(800) 615-1245</td>
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<tr>
<td>CANADIAN MENTAL HEALTH</td>
<td>ACCESS</td>
<td>(519) 255 7817</td>
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These in-take centers provide referrals and aid in the following areas:
- Walk-in services
- 24 hour emergency crisis care
- Referral to support & services
- Information
- Help patient & family plan for future

Other Support Information:
- NAMI Helpline: (800) 950-NAMI (6264) / www.nami.org
- American Psychiatric Association: (888) 357-7924
- University of Michigan Depression Center: (800) 475-6424 / www.depressioncenter.org
Free medical clinics throughout the state of Michigan (sponsored by Blue Cross Blue Shield)

West Michigan

- Allegan: Seeds of Grace, 269-355-1049
- Battle Creek: Community Health Connections, 269-969-6494
- Big Rapids: Hope House Free Medical Clinic, 231-798-0807
- Coldwater: Presbyterian Health Clinic of Branch County, 517-278-7848
- Grand Rapids: Baxter Wholistic Clinic, 616-456-5310
- Grand Rapids: Catherine’s Health Center, 616-336-8800
- Grand Rapids: Health Intervention Services, 616-475-1363
- Grand Rapids: Oasis of Hope, 616-451-8888
- Grand Rapids: Project Access, 616-459-1111
- Hastings: Barry Community Free Clinic, 269-945-4444
- Holland: Holland Free Health Clinic, 616-391-3610
- Marshall: Fountain Clinic, 269-781-0952
- Muskegon: Muskegon Community Health Project, 231-672-3201
- Three Rivers: Riverside Health Clinic, 269-273-3744
- Zeeland: City on a Hill Health Clinic, 616-748-6009

Central Michigan

- Ann Arbor: Shelter Association of Washtenaw County, 734-662-2829
- Brighton: VINA Community Dental Center, 810-844-0240
- Essexville: Helen M. Nickless Volunteer Clinic, 989-895-4830
- Flint: Genesee County Free Medical Clinic, 810-235-4211
- Hillsdale: St. Peter’s Free Clinic of Hillsdale County, 517-437-4041
- Jackson: St. Luke’s Free Clinic, 517-783-1117
- Lansing: Carefree Medical and Dental, 517-887-5922
- Lapeer: Loving Hands Clinic, 810-667-8933
- Pinckney: Faith Medical Clinic, 734-474-4627
- Port Huron: People’s Clinic for Better Health, 810-985-4747
- Saginaw: Cathedral Mental Health, 989-759-3356
- Saginaw: Community Prescription Support, 989-907-5602
- Saginaw: Saginaw Area Foundation for Eye Care, 1-800-504-4856
- Saginaw: St. Mary’s of Michigan GreenHouse Center of HOPE Free Clinics, 989-907-8340
• Ypsilanti: Hope Medical Clinic, 734-481-0111

Southeast Michigan

• Brownstown Township: Wyandotte Clinic for the Working Uninsured, 734-365-3560
• Detroit: Dr. Albert B. Cleage Sr. Memorial Health Center, 313-874-1300
• Detroit: HUDA Clinic, 313-865-8446
• Detroit: Joy-Southfield Community Development Corporation, 313-581-7773
• Detroit: St. Frances Cabrini Clinic, 313-961-7863
• Detroit: Order of Malta Medical/Dental Clinic, 313-894-2240
• Detroit: St. Vincent de Paul Dental Clinic, 313-393-3007
• Mt. Clemens: Mt. Clemens Regional Medical Center Medical Outreach Clinic, 586-493-8000
• Pontiac: Mercy Place Clinic, 248-333-0840
• Pontiac: The Gary Burnstein Free Clinic, 248-758-1690
• Southfield: Tri-County Dental Health Council, 248-559-7767
• Warren: St. John Providence Community Health Physicians Who Care, 586-753-1484
• Wayne: Hope Medical Clinic, 734-710-6688

Northern Michigan

• Alpena: Free Clinic of Alpena, 989-354-3888
• Boyne City: Boyne Area Free Clinic, 231-582-4605
• Cadillac: Stehouwer Free Clinic, 231-876-6152
• Cheboygan: Northern Care Center, 231-333-3019
• Grayling: AuSable Free Clinic, Inc., 989-348-0508
• Manistee: Manistee Area Community Clinic, 231-487-3600
• Petoskey: Community Free Clinic, 231-487-1058
• Traverse City: Traverse Health Clinic, 231-935-0668

Upper Peninsula

• Marquette: Medical Care Access Coalition, 906-226-4400
• Sault Ste. Marie: Community Health Access Coalition, 906-635-7483